

## Papaya Smoothie

- 1/2 ripe papaya
- 1/2 cup milk
- 10 ice cubes
- 1 teaspoon vanilla
- 1/2 cup plain yogurt
- 1 teaspoon lime juice
- Add honey to taste

Combine all ingredients in blender and blend on medium until smooth. Enjoy as is, or try topping with whipped cream and crushed Corn Flakes!

