

Traditional Malawian Mandasi

- 2 cups flour (all-purpose wheat flour)
- Pinch of salt
- 2 teaspoons baking powder
- 2 tablespoons sugar
- 1 beaten egg
- 1 cup milk or water
- Vegetable oil

Mix flour, salt, and baking powder in a bowl. Add sugar, egg, and milk and beat until smooth. Drop spoonfuls of the batter into hot vegetable oil and fry until golden brown, turning once. Drain and enjoy!

